Online Patient Health Education Resources

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- 1. Health in Aging Tip Sheets: (http://www.healthinaging.org/news/tip-sheets/)
 - a. Has free handouts for a # of issues common to aging seniors including handouts in Spanish.
 - b. Caregiver issues
 - c. Health Conditions
 - d. Managing your Care
 - e. Medications
 - f. Mind and Brain Health
 - g. Prevention
 - h. Safety
- 2. UpToDate Patient Information: (www.uptodate.com/patients)
 - a. Promotes informed decision making with patient topics for different reading levels and differences in personal expertise.
 - b. Divided into "The Basic" articles on a subject and "Beyond the Basics" articles on specific subjects.
 - c. Web based, reliable, and free.
 - d. This information may be updated monthly on the basis of new medical studies.
- 3. ACP (American College of Physicians) Patient Education Channel
 - a. https://www.acponline.org/system/files/documents/practice-resources/patient-resources/the_patient_channel_program_checklist.pdf
 - b. This has online patient education you tube like teaching videos on multiple subjects and it's free.
- 4. X-Plain Patient Education (http://www.patient-education.com/patients.html)
 - a. Huge free library by subjects of patient education teaching presentations that are well outlined with simultaneous voice presentations.
- Epocrates Patient Literature Library (https://www.epocrates.com/patientresources/)
 - a. Free well organized written information with a library organized by broad categories of health concern that then open up to multiple written resources within each category.